School Nurses and SBHCs
Collaborating for Student Health

March 12, 2012

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Learning Objectives

• After participating in this workshop, participants will be able to:
  – Describe the unique roles and responsibilities of school nurses and
    school-based health center partner agencies
  – Identify school-nurse and school-based health center partnership
    models
  – Outline strategies for building collaboration and overcoming
    challenges in school nurse/school-based health center working
    relationships
SBHC Expansion in Oakland

- Seven original health centers in Oakland, developed between 1989 and 2005
- In 2006, Oakland voters passed Measure B, which allocated $435 Million in facilities bond dollars to be administered by OUSD for school modernization projects
  - Allocated funding for construction of 10 school-based health centers facilities, including 8 new health centers and 2 renovations

Benefits of FQHC Model

- Strong network of FQHCs in Oakland, committed to providing school health services
- Capacity to provide range of services, including medical, mental health, health education, youth development services (5 sites also provide dental treatment on-site)
- FQHCs are the primary care provider for many of our families
- FQHCs conduct third party billing to sustain health center services
  - 25-35% of overall operating budget
- Leveraged funding model - extension of Alameda County model to provide access to the uninsured (indigent care)
Benefits of Integrating School Nursing into SBHC Model

- Responsibility of School District to Meet Mandated Services
  - screenings
  - Special Education/IEPs
  - 504 Plans
  - Management of Chronic Conditions/administration of medications
  - SST meetings/COST meeting
- Population Health vs. Individual Health Model
- Case Identification/Case Management
- Management of Communicable Diseases
- Documentation in AERIES – District Database
- Support sustainability of SBHCs
  - Increased Referrals
  - Maximizes ability for partner agencies to focus on reimbursable services

Layered Funding to Support School Nursing at SBHC Sites

- General Purpose Funds
- Philanthropy (Kaiser)
- Programs for Exceptional Children
  - .1 to .4 FTE per site, depending on Special Education caseload
- LEA Medi-Cal Billing
- Site-based funding leveraged to increase FTE dedicated to school site
Factors Influencing Placement of Nurses in OUSD

Table Conversations

- You are planning a new SBHC, how might you ensure a collaborative planning process that is inclusive of the School Nurse?
- A school nurse has been assigned to partner with an existing SBHC. How might the SBHC Manager and School Nurse partner to message to the Principal and school staff about the separate and shared roles and responsibilities?
School-Nurse-SBHC Lead Agency Roles & Responsibilities (site-level)

- First Aid/Drop-in care
- Immunizations
- Chronic Conditions
- Primary Care
- Mental health care and crisis (including Alcohol and Other Drugs)
- Coordination and Collaboration with School
- Reproductive Health Care/Family Planning
- Sexually Transmitted Infections
- Health Screening
- Health Education/Health Promotion
- Obesity Prevention/Intervention
- Health Insurance Enrollment
- Special Education Services

Sample Area: Health Education/Health Promotion

<table>
<thead>
<tr>
<th>School Nurse</th>
<th>SBHC Lead Agency</th>
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<tbody>
<tr>
<td>• Collaborates to coordinate and/or provide mandated health education subjects</td>
<td>• Provides a range of clinical health education to clinic patients</td>
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<tr>
<td>• Collaborates to identify health topics/campaigns of interest and age-appropriate.</td>
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<tr>
<td>• Provides classroom health education and Staff Education (Chronic diseases, H1N1, pertussis, etc.)</td>
<td>• Provides classroom health education on a variety of topics depending on staff knowledge/availability, funding requirements, and interest of school staff/students</td>
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<tr>
<td>• Collaborates to identify and address health education needs of vulnerable and underserved students and families</td>
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Regular Meetings w/ Nurses at SBHC Sites

- Orientation to the SBHC Model
- Definition of Role of School Nurse in a SBHC/Articulation of Variety of Partnership Models
- Ongoing Professional Development
- Sharing of Best Practices Across Sites
- Collaborative Problem-Solving

Case Study: Frick Middle School Health Center

- School Nurse Working Inside of Health Center
Case Study: Fremont High School – Tiger Clinic

- School Nurse Working Adjacent to Health Center

Case Study: Urban Promise Academy

- School Nurse Partnering with School-Linked Health Center
Important Considerations/Lessons Learned

- District Support
- Early Integration
- Shared Space
- Ongoing PD
- Site Visits – For Nurses and Community Clinic Folks
  - To see various models in action
- Balance Between Consistency and Flexibility of Model
- Takes Time!
- Close Communications with Legal Department (e.g. OTC Medications)

Next Steps

- Integrated Program Evaluation
- Information Sharing
  - Revision of consent forms
  - Consideration of universal consent
Discussion/Q&A

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