

We Can Help You Bring School-Based Health Care to Your Students!

Get Access to Extensive & Experienced Consultative Services

Our workshops, technical assistance, and training help your school district start or improve health services for students. **Contact us at 510-268-1260 or info@schoolhealthcenters.org to learn more.**

Members receive four hours of free technical assistance to help your school-based health center or school district offer more effective health services. Members also receive 20% off all additional technical assistance and training. Become a member at <http://bit.ly/joincscha>.



- Discount for CSHA organizational members: 20%.
- Customized workshops or webinars: \$450 (*member rate \$360*).
- Facilitated meeting (includes agenda development, facilitation, minutes, and follow-up): \$300 (*member rate \$240*).
- Individualized technical assistance and consultation: \$150/hr (*member rate \$120/hr*).
- Individualized consultation package (up to 8 hours): \$1,000.

Expertise in a Wide Range of School-Based Health Topics

Starting a School-Based Health Center: Financing & Legal Concerns

- The basics of starting a school-based health center.
- School district health provider partnership formation and coordination.
- Financing and sustaining school-based health centers.
- Information sharing practices and laws across schools and health care in California (HIPAA-FERPA).

Operations & Practice

- How school-based health centers can better integrate into schools.
- How school-based health centers improve student attendance and support student success.
- School-based nutrition and physical activity program development and expansion.
- School-based adolescent health care, reproductive health services, and sexual health education.
- Role of school-based health centers in public health initiatives (e.g., pertussis/Tdap immunization).
- How school-based health centers fit within full-service community schools.

Community Engagement & Youth Leadership

- Parent and community engagement in school-based health centers.
- How to engage youth in health advocacy and leadership.
- Youth-led participatory research.
- Social marketing for youth leaders.
- School health advocacy for youth leaders.

Mental Health in Schools & School-Based Health Centers

- Best practices for mental health services in schools and school-based health centers.
- How to conduct a mental health assessment/environmental scan of your school or district.
- How to expand mental health services in your district (i.e. a review of models and revenue streams).
- Components of mental health programs (e.g. school climate, multi-disciplinary teams, youth engagement).

School Health Consultative Services

I. Plan Your School-Based Health Center & Form New Partnerships

Planning an SBHC but not sure how to get started? Looking for a partner health care provider or school? Forming a planning committee with new stakeholders? We can provide individualized assistance so your efforts are efficient and successful, including:

- Facilitated start-up planning committee meetings
- Individual meeting/conversation with each partner
- Our tools: *Vision to Reality: How to Build a School-Based Health Center from the Ground Up* and *HIPAA or FERPA? A Primer on School Health Information Sharing in California*, sample memoranda of understanding (MOUs)

II. Better Integrate Your Health Center into Your School

Building relationships with new SBHC or school leadership? Troubleshooting partner communication? Finding your SBHC under-utilized by students? We can help your SBHC and school develop stronger relationships, shared goals, and communication systems, including:

- Facilitated meetings with SBHC and school partners
- Strengths and opportunities assessment of SBHC integration
- Our tools: *Ready, Set, Success! How to Maximize the Impact of School Health Centers on Student Achievement, Attracting and Retaining Adolescent Patients, Measuring Adolescent Patient Experience in School-Based Health Centers*, quality improvement planning templates, school integration principles, discussion questions for strengthening operating agreements, adolescent patient registration templates, sample risk screening tools for patients, sample clinic flows for conducting school-wide screening

III. Develop or Expand Your Youth Engagement Programs

Looking to engage youth at your SBHC or to develop your youth development skills? Planning to link your youth program to the statewide movement for school health? We can offer you individualized support to cultivate a team of student health leaders, including:

- Workshops (or facilitated meetings) for youth leaders
- Facilitated meeting/workshop for adult coordinator/s
- Our tools: *Establishing your Youth Board, Peer Health Insurance Rights Education* curriculum, Community Based Participatory Research, support on creating a youth engagement process, support in identifying youth development program models, including health careers education in your SBHC

IV. Establish or Expand Your School Mental Health Program

Interested in bringing mental health services on campus? Looking to improve school climate or conduct teacher trainings on mental health? We can assist you in planning and implementing comprehensive school mental health services for all students, including:

- School mental health environmental scan and assessment
- Assistance with finding funding and providers for mental health services
- Workshops or presentations on school mental health topics
- Our tools: *School Mental Health Assessment Tool, Trauma Informed Mental Health Care to Support Boys and Men of Color*, trainings on trauma-informed classrooms and community building circles, support in identifying local partners and leveraging resources, support in implementing evidence-based practices.