

ADDRESSING Framework¹ and the Jones Intentional Multicultural Interview Schedule (JIMIS)²

ADDRESSING framework Cultural Influences	Application to Minority Groups ³	Sample questions from Jones Intentional Multicultural Interview Schedule (JIMIS)
<u>A</u> ge/ generational	Children, adolescents, elders	How do you define family? Who is in your family? Who lives in your home? What do your family members call you? Where were you born? Where does most of your family live now? Who makes the decisions about your daily care (e.g. transportation, food, discipline)?
<u>D</u> evelopmental disabilities <u>D</u> isabilities acquired	Developmental disabilities or acquired disabilities	What are some challenges that you or your family members have to deal with? Tell me what you think about school. What emotions come to mind when you think about your schoolwork?
<u>R</u> eligion & Spirituality	Religious minority cultures	How does your family deal with feelings? What are some coping strategies that they use? How do religion and spirituality impact your family? Who do you turn to when you are sad, scared, or worried about something?
<u>E</u> thnic and Racial Identity	Ethnic and racial minority cultures	What does your family think about counseling? What do you think about it? What are some things about your family that few people know? How do you describe yourself in terms of your race? How does your race affect your relationships with other people? What issues to you have with hair and/or skin color? What experiences do you have with racial conflict? Who supports you the most at school? At home?
<u>S</u> ocioeconomic status	Class status (education, income, rural)	If you were to choose a job today, what would it be? Would your family approve of this job? What would your family prefer for you to do when you grow up? What is a job you would like to do, but would never choose it?

<u>S</u>exual orientation	Gay, lesbian, bisexual people	What are some characteristics about you that make you similar or different from people in your peer group? Is there a label that your peers use to describe groups of kids at your school? Which label best identifies your group?
<u>I</u>ndigenous heritage	Indigenous/Aboriginal/Native people	What are some rituals /routines that your family does daily? Which are used to cope with stress? What situations are most stressful for you?
<u>N</u>ational origin	Refugees, immigrants, international	How and when did your family arrive in the United States? What were the circumstances of their arrival?
<u>G</u>ender	Women, transgender people	When there is conflict with peers at school, what is the usual cause? What are some characteristics about you that make you different from people in your peer group? What do you believe are the responsibilities of women or men?

Notes:

¹ For a comprehensive review of the ADDRESSING framework, see Hays, P. A. (2016). *Addressing cultural complexities in practice: A framework for clinicians and counselors* (3rd ed.). Washington, DC: American Psychological Association

² For the original JIMIS, see Jones, J.M. (2009). Counseling with multicultural intentionality: The process of counseling and integrating client cultural variables. In J.M. Jones (Ed.), *The psychology of multiculturalism in schools: A primer for practice, training, and research* (pp 191-213). Bethesda, MD: National Association of School Psychologists.

³ For a study of the application of the questions in this table, see Zigarelli, J., Jones, J.M., Palomino, C. and Kawamura, R (2016). Culturally-Responsive Cognitive Behavioral Therapy: Making the case for integrating cultural factors in evidence-based treatment. *Clinical Case Studies*, 15(6), 427-442. doi: 10.1177/1534650116664984.