



SCHOOL HEALTH WORKSHOPS

The California School Health Centers Association offers 16 workshops for schools and districts that are tailored to the site and stage of development. Workshop topics are listed below, categorized by theme. Each workshop is 1 - 2 hours and costs \$450 or \$360 for organizational members.

School health center start-up, financing, legal issues

- How to start a school health center
- School district - health provider partnership formation and coordination
- Financing school health centers
- School health center resource development
- Information sharing practices and laws across schools and health care in CA (HIPAA-FERPA)*

Operations and practice

- How school health centers can better support student success in school
- School-based nutrition and physical activity program development and expansion
- School-based adolescent health care, reproductive health services, and sexual health education
- Role of school health centers in public health initiatives (e.g., pertussis mitigation)
- How school health centers fit within “full-service community schools”

Community engagement and youth leadership

- Parent and community engagement in school health centers
- Building local support/school health messaging with different stakeholders (for youth and adults)
- Youth engagement for adult allies (how to engage youth in health advocacy and leadership)
- Youth meeting facilitation for adult allies
- Social marketing for youth leaders
- School health advocacy for youth leaders

Note: Workshop content can be modified to meet the specific needs of a community, and may be lengthened for a negotiated rate.

All workshops include:

- Power point presentation
- Participant handouts
- Related CSHC toolkits and resources
- Best practices
- Case studies
- Facilitated networking and collaborative sharing
- Local resources

** Cost for the HIPAA-FERPA workshop is priced hourly based on rates established by the National Center for Youth Law and depend on length of workshop and travel time.*

For more information, contact CSHC’s Field and Technical Assistance Director Samantha Blackburn, at sblackburn@schoolhealthcenters.org or 510-268-1038.

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TECHNICAL ASSISTANCE & TRAINING PACKAGES

Service and Pricing Overview

Discount for organizational members: 20%

- Workshop (1- 2 hours - see “CSHC Standard Workshops” for topics): *reg. \$450; disc. rate \$360*
- Facilitated meeting (includes pre-assessment w/stakeholders, agenda development, meeting facilitation, meeting minutes and follow-up action items): *reg. \$250; disc. rate \$200*
- Individualized technical assistance and consultation: *reg. \$150/hr; disc. rate \$120/hr*
- 8 hours individualized consultation package: *\$1000*

CSHC Technical Assistance and Training Packages

1. School health center start-up ~ \$2,200 (\$1,760 organizational members discounted rate)
 - Provider: CSHC’s Technical Assistance Director; CSHC’s Field Coordinators
 - Presentation at start-up collaborative “kick-off” meeting
 - 4 facilitated start-up collaborative meetings (includes pre-assessment w/stakeholders, agenda development, meeting facilitation, meeting minutes and follow-up action items)
 - 8 hours individual consultation
 - CSHC’s toolkit: *Vision to Reality: How to Build a School Health Center from the Ground Up*
2. School district-health provider partnership formation and coordination ~ \$1,400 (\$1,120 disc. rate)
 - Provider: CSHC’s Technical Assistance Director; expert consultant
 - 2 individual meetings/conversations with each partner (up to 4 hours total)
 - 4 facilitated collaborative meetings (includes pre-assessment w/stakeholders, agenda development, meeting facilitation, meeting minutes and follow-up action items)
 - CSHC’s toolkit: *HIPAA or FERPA? A Primer on School Health Information Sharing in California*, sample memoranda of understanding (MOUs), additional resources as indicated
3. Obesity prevention and nutrition/physical activity program development or expansion
\$900 (\$720 disc. rate)
 - Provider: CSHC’s Technical Assistance Coordinator
 - 1 workshop/small group training
 - 4 hours individualized consultation
 - CSHC’s toolkit: *HELP (Healthy Eating, Learning, Playing) at School*
4. School health youth engagement/leadership ~ \$1,500 (\$1,200 disc. rate)
 - Provider: CSHC’s Youth Coordinator; CSHC’s Youth Board members
 - 2 workshops (or 3 facilitated meetings) for youth leaders
 - 1 facilitated meeting/workshop for adult coordinator/s
 - 4 hours individualized consultation
 - Youth development and health leadership resources
 - Partnership facilitation with local youth-serving organizations

Note: Travel costs are included if ≤ 1 hour from trainer’s office. If ≥ 1 hour or air travel required, actual travel costs must be reimbursed to CSHC, based on \$.50/mile or cost of airplane/train ticket.

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