

THE PROBLEM

TRAUMA IS PAINFUL AND COSTLY

Nearly 60% of children and youth are exposed to violence, with about 10% being injured in a physical assault, and about 22% witnessing violence in their family or community, in any given year. (*JAMA Pediatrics*, May 2013)

Chronic exposure to violence leads to complex trauma, impacting brain development and health, school success, and life chances.

Children and youth living in low-income communities, and children and youth of color, are much more likely to experience trauma – but have much less access to care.



California spends millions of dollars every year as a result of untreated trauma, in health care, special education, criminal and juvenile justice, and other preventable expenditures.

THE SOLUTION

SCHOOL-BASED PROGRAMS WORK



Counseling, youth development programs, and school climate initiatives can address students' needs – and they are far cheaper than the long-term costs of doing nothing.

School-based health centers (SBHCs) are a proven model for increasing access to affordable, quality services, and they can play a key role in delivering trauma-informed care.

Research shows that SBHC mental health services can reduce both depression and Post-Traumatic Stress Disorder.

SBHCs are uniquely able to reach adolescents. This is because they are located on school campuses, offer confidential care, and are staffed by providers with a special commitment to serving children and youth.

TAKE ACTION

THE PROMISE OF AB 174 (BONTA)

- Introduced by Assembly Member Rob Bonta and co-sponsored by CSHC and CPEHN, AB 174 is the PROMISE Act: Promoting Resilience—Offering Mental-health Interventions to Support Education.
- AB 174 will create a grant program to fund a variety of essential school-based mental health services, including: individual, group, and family counseling; youth development and school-wide programming focused on preventing and addressing violence; and support for teachers and other school staff.
- Please visit www.schoolhealthcenters.org/policy/take-action/ or contact Alice Ricks (aricks@schoolhealthcenters.org or 510-268-1033) for more information on how to support this bill.



Take A Stand For Student Mental Health

Support AB 174 (Bonta)



Supporters (as of 5/13/13)

CO-SPONSORS

California School Health Centers Association
California Pan-Ethnic Health Network

ADVOCACY ORGANIZATIONS and ASSOCIATIONS

Asian Pacific Environmental Network
California Adolescent Health Collaborative
California Alliance of Child and Family Services
California Association of Marriage and Family Therapists
California Black Health Network
California Children's Hospital Association
California Immigrant Policy Center
California Medical Association
California Mental Health Directors Association
California Partnership to End Domestic Violence
California Primary Care Association
California School Boards Association
California School Employees Association
California State Conference of the National Association
for the Advancement of Colored People
California State PTA
Catholic Charities of the East Bay
Children's Defense Fund
Children Now
LA Voice
Latino Coalition for a Healthy California
Los Angeles County Education Foundation
Los Angeles Trust for Children's Health
National Association of Social Workers – CA Chapter
Partnership for Children and Youth
PICO California
PolicyLink
Prevention Institute
The Children's Partnership
The Greenlining Institute
United Way of the Bay Area
Young Minds Advocacy Project

SCHOOL DISTRICTS, CHARTER ORGANIZATIONS, and COUNTY OFFICES OF EDUCATION

Compton Unified School District
Green Dot Public Schools
Lake County Office of Education Safe Schools Healthy
Students
Lakeport Unified School District
Los Angeles Unified School District
Oakland Unified School District
Pomona Unified School District – Office of the
Superintendent of Schools

HEALTH, MENTAL HEALTH, and OTHER PROVIDERS

Confluence Family Services
Contra Costa Health Services
Delta Health Care
Eisner Pediatric & Family Medical Center
James Morehouse Project
La Clinica de La Raza
Lincoln Child Center
National Latino Fatherhood & Family Institute
Native American Health Center
Northeast Valley Health Corporation
St. John's Well Child & Family Center
Tiburcio Vasquez Health Center, Inc.
Unity Care Group
Valley Health Team
YMCA
Youth Alive

No opposition letters received as of 5/13/13.