

PINOLE VALLEY HIGH SCHOOL HEALTH CENTER

VOLUME II, ISSUE I

510.758.6991 [P]
510.758.7298 [F]

2900 PINOLE VALLEY ROAD, ROOM 505 PINOLE, CA 94564

The mission and purpose of the Pinole Valley High School Health Center is to provide high quality and youth-friendly health and wellness services to all students. We aim to provide these services to our students without regard to race, sex, color, age, national origin, disability, religious belief or sexual orientation. We do this through the engagement of various community partnerships which offer health services and resources to students throughout the year. Additionally, we utilize a youth advisory board called "S.H.O.P" (Students Helping Other People), to promote health services to the campus community through programs and projects.

Hi everyone! My name is Ashley Cumpas and I'm the new student Health Center Assistant here at PVHS. I recently graduated in May of 2013 with my BS in Health Education, emphasis in community-based public health, from San Francisco State University. I was placed here through BAYAC/OCASA AmeriCorps, a non-profit which works with youth & families throughout San Francisco Bay Area. I'm here to offer support or any resources that the students may need when visiting the health center.



MEET THE STAFF...

Theresa Dade-Boone, MPA
*HEALTH SERVICES COORDINATOR
COVERED CALIFORNIA EDUCATOR*
tdade-boone@ymcaeastbay.org

Ashley Cumpas, BS
HEALTH SERVICES PROGRAM ASSISTANT
acumpas@ymcaeastbay.org

Michael Beyer, Intern
MENTAL HEALTH THERAPIST

Daniela Braga, Intern
MENTAL HEALTH THERAPIST

Garth Flint, Intern
MENTAL HEALTH THERAPIST

Eric Burns, MFTI
MENTAL HEALTH THERAPIST

HEALTH AND ENRICHMENT SERVICES



STAND! / Expect Respect

STAND! For Families Free of Violence is a support group that teaches students different ways of coping with problems and increases understanding of abusive & respectful relations through learning the difference between a healthy & unhealthy relationship.

MAN TALK!

Young Men's Group offers weekly learning and support sessions that focus on the specific needs of young men. Group discussions include social responsibility, fiscal responsibility, self-respect, relationships and more. YMG meets Friday during 4th & 5th period.

SCHEDULE OF SERVICES

Health Center Hours
8:00-3:30pm

Wellness Counseling
Daily

Contra Costa Mobile Van
Mondays/Wednesdays/Fridays

Familias Unidas
Tuesdays

STAND! / Expect Respect
Wednesdays

Young Men's Group
Fridays

Lunch n' Learn
TBA

FAMILIAS UNIDAS



The Pinole Valley Health Center is pleased to present to you **Familias Unidas!** Familias Unidas is a youth support group that meets weekly. Students engage in dialogue regarding several topics affecting the community, including: sexually transmitted diseases (STDs), teen pregnancy, eating disorders, and unhealthy relationships, to name a few. Pictured on the left are facilitators, Victor and Marlene.

Marlene, Thanks for your support!

