



Connecting Students to Mental Health Services

Case Studies of Collaborations, Funding, & Evidence-Based Practices

February 6, 2015



Toolkit available online at
<http://www.schoolhealthcenters.org/about-us/toolkits-and-services/toolkits/>

Connecting Students to Mental Health Services
Creative Collaborations, Funding, and Evidence-Based Practices



A toolkit from:

The California School-Based Health Alliance &
Fight Crime: Invest in Kids California

September 2014

Toolkit Outline

- Importance of student mental health & linking care through schools
- 7 county case studies
- Overview of 10 mental health funding streams
- Information about 9 evidence-based practices
- Additional resources for school administrators, mental health staff, counties, etc.

What is the problem?

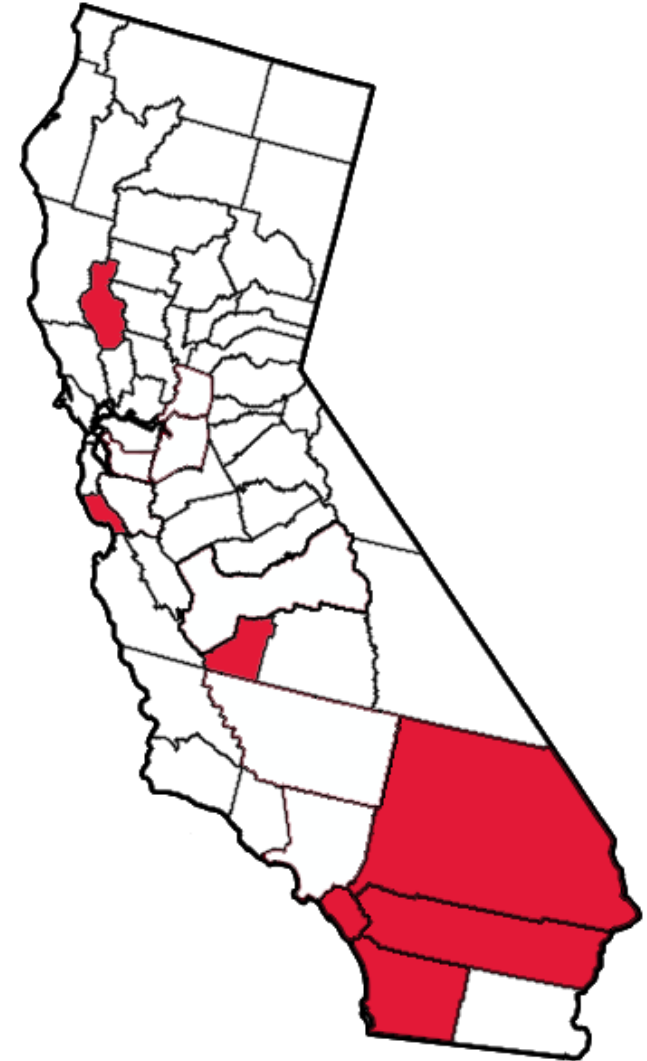
- Mental health challenges are common
- Symptoms can emerge in childhood and adolescence, and look different than adults
- Most children and youth, even those with insurance, do not have access to services
- Mental health challenges affect brain development and learning
- Behavioral symptoms are a big concern of teachers, schools, and law enforcement

Why in schools?

- Most children and youth who receive services get them at school
- Individual and group counseling in schools are linked to more developmental assets for students
- School-based services increase access and reduce stigma
- Improvement in mental health links to improvement in behavior, learning, and social skills

Seven County Case Studies

1. Kings County
2. Lake County
3. Orange County
4. Riverside County
5. San Bernardino County
6. San Diego County
7. Santa Cruz County



Three Themes of Collaborations

1. Enhance Delivery of Service

Bringing mental health expertise from different parts of the county to provide a continuum of mental health services

2. Maximize Funding

Organizations within the county can bring their own resources to the table to help maximize funding

3. Address a Specific Local Issue

For example, truancy or recidivism

1) Enhance Delivery of Service

Orange County

MHSA-PEI expansion of school-based services

San Diego County

Medi-Cal EPSDT expansion of school-based services

2) Maximize Funding

Lake County

Medi-Cal Match Project with local school funds

San Bernardino County

Medi-Cal EPSDT and Special Education funding



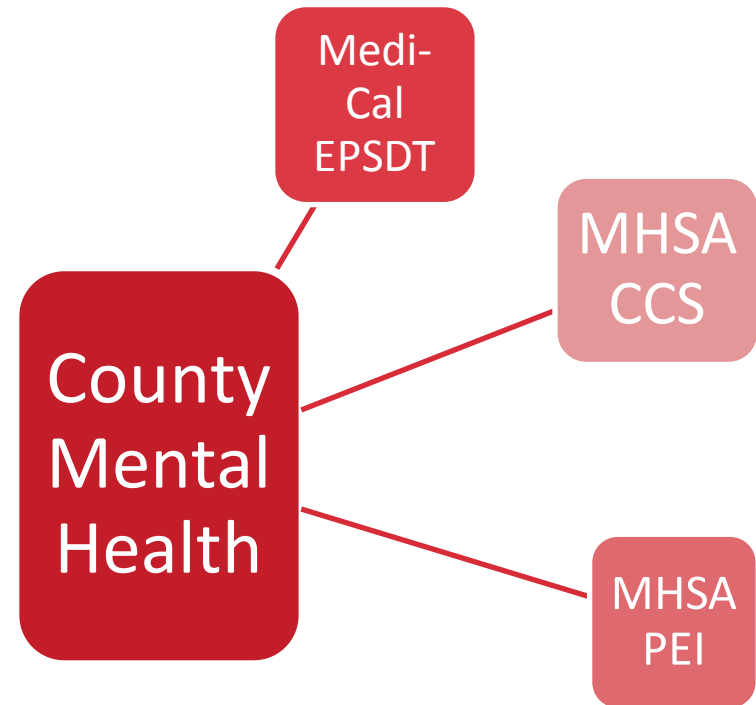
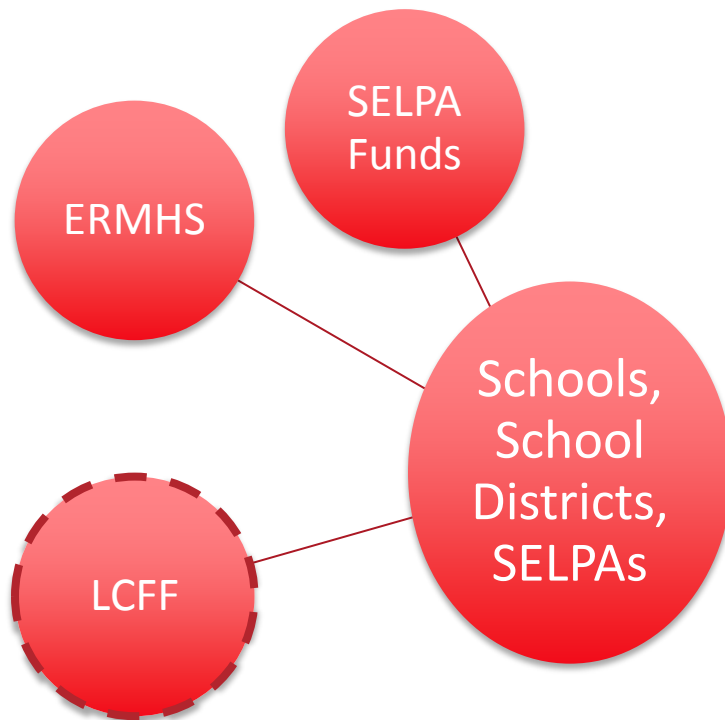
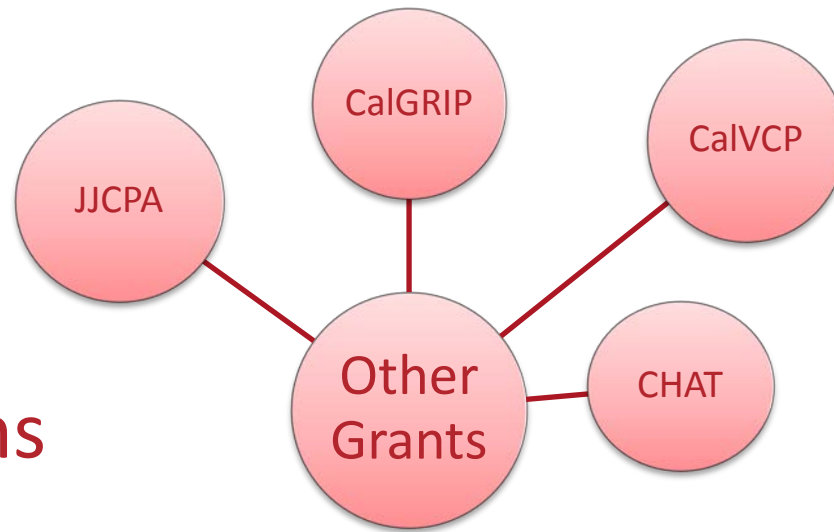
3) Address a Specific Local Issue

Kings County → Truancy

Riverside County → Recidivism

Santa Cruz County → Substance Abuse

Funding Streams



Discussion

- What's working in the Central Valley?
- What are some unique collaborations or funding arrangements to provide school-based mental health services?
- How are you funding mental health services in your schools?
- What's working? Challenging?