



RICHMOND HIGH SCHOOL-BASED HEALTH CENTER

"Our mission is to provide youth-friendly, easily accessible, health and wellness services to all students on campus."

Who We Are

The Richmond High School-Based Health Center values youth voice, community partnerships, and school administration. The health center strives to be a central location on campus that provides coordinated care linking students to health, wellness, and community services.

Services

Medical services include routine exams (including sports physicals), immunizations, screening and treatment of sexually transmitted infections (STIs) and family planning. **Dental Services** include dental x-rays, cleanings and treatment. Referrals to primary health care and other medical services are provided.

Mental health/Counseling services include weekly counseling for students. Assessment and treatment of depression, stress management and relationship issues including violence. The Health center offers groups around: anger, substance use, trauma, LGBTQ support, sexual assault, and grief.

Health Education/Youth Development is provided on topics such as pregnancy prevention, relationships, HIV/STI prevention, nutrition and substance abuse prevention. The Health Center works closely with a team of student health advisers to guide and inform projects to promote health access and community for youth.

CONTACT INFORMATION

1250 23rd Street
Richmond, CA 94804

Health Center Administrative Assistant:
Malaika Gray

Health Center: 510-232-2656

Monday-Friday, 8:00am-4:00pm



**School-Based Clinic Services
provided over 3,800 appointments
for teen patients in 2013.**

IMPACT

Students who visit the
Health Center in 2013:

**Improved their grades
more quickly than
their peers.**

**Improved their
attendance.**

**Reduced their
disciplinary referrals
by an average of 90%.**

WISH LIST

1. Sanitary napkins and hygiene supplies
2. Laptops to support academic and career exploration
3. Current DVDs and music
4. Paint, brushes and other art materials

SCHOOL-BASED HEALTH CENTER BACKGROUND

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The Richmond High School Based Health Center was established in June 1996 as a collaboration effort between the West Contra Costa Unified School District and Contra Costa Health Services. The Center utilizes an interdisciplinary approach to provide RHS students with medical, mental health and youth development services.

WHO WE SERVE

All Richmond High School Students

HOW TO REFER

E-mail, tmitchell@ymcaeastbay.org

Call (510) 232-2656



OUR PARTNERS

Contra Costa Health Services
Contra Costa Children's Mental Health,
41 st Clinic
Y TEAM of the East Bay
California School-Based Health Alliance
Community Health for Asian Americans
Familias Unidas
West Contra Costa Unified School District
Community Violence Solutions
Healthy Richmond
STAND For Families Free of Violence
Catholic Charities: Restorative Justice
RHS African-American Parent- Student
Collaborative
Alive & Free Omega Boys Club
Bay Area Peace Keepers
RYSE
21st Century Mentors
Girls Inc.
Youth Services Bureau (YSB)
Youth Together
Contra Costa Food Bank
Richmond High Health & Multi Media
Academy
Richmond High Staff & Administration

"I really appreciate the Health Center because they pay attention to you and make you feel loved"

- Student

"The health center has got me aware of my body, how to take care of it, and how to be responsible about my actions. It has also taught me that my future is very important. We should have more of them..."

~Student

"The Health Center allows us to be a school that addresses the whole child. The staff not only is there in moments of crisis, but is there for ongoing support of our students, staff, parents, and community."

~Assistant Principal

"I appreciate the health center because it has many services I can rely on."

~Student