

# WEST CONTRA COSTA UNIFIED SCHOOL DISTRICT

## SCHOOL-BASED HEALTH CENTERS

### A Community/School Partnership

## The Initiative

West Contra Costa Unified School District (WCCUSD) launched a district-wide school health initiative in 2006 by committing resources to support a Site Coordinator at each of its six comprehensive high schools. The Site Coordinators oversee operations and expansion of their high school's school-based health center (SBHC). These centers are open to all students regardless of ability to pay.

The WCCUSD School Health Initiative is a collaboration of the District, school site administrators, the six SBHCs, adolescent health advocates and community providers who have a commitment to delivering high quality school health and wellness services in all WCCUSD high schools.

## The SBHCs

WCCUSD has made a strong commitment to SBHCs. Each of these SBHCs is unique and reflects the school health priorities of its students. Each is managed by a School Health Site Coordinator and supported by a community organization which serves as its lead agency. Although the SBHCs vary in look and feel, they all provide a fundamental level of mental, medical and health education services.



## Services offered at the SBHCs

**Mental health services** such as crisis intervention, treatment of depression, stress management, and counseling for relationship issues and eating disorders in individual and group settings.

**Medical services** including physicals and sports exams, first aid, family planning, screening and treatment of sexually transmitted infections, immunizations, and referrals for other primary care services.

**Health education** on topics including pregnancy and HIV/STI prevention, human sexuality and substance abuse.

In addition to the above services, SBHCs also provide students with **youth development** opportunities such as serving as peer health educators or on the SBHC's Youth Advisory Board.

**All services are free and confidential**

### Coronado Elementary Health Center

4301 Berk Avenue, Richmond  
Site Coordinator: Eleazar Martinez  
510-230-8591  
[emartinez@ymcaeastbay.org](mailto:emartinez@ymcaeastbay.org)

### De Anza H.S. Health Center

5000 Valley View Road, Richmond  
Site Coordinator: Gail Russell  
510-867-8763  
[grussell@bacr.org](mailto:grussell@bacr.org)

### Greenwood Academy Health Center

715 Chanslor Avenue, Richmond  
Site Coordinator: Reginald Figgs  
510-231-1402  
[rfiggs@ymcaeastbay.org](mailto:rfiggs@ymcaeastbay.org)

### El Cerrito H.S., James Morehouse Project

540 Ashbury Avenue, El Cerrito  
Site Coordinator: Jenn Rader  
510-524-8252  
[jenn@jmhop.org](mailto:jenn@jmhop.org)

### Hercules H.S. Health Center

1900 Refugio Valley Road, Hercules  
Site Coordinator: Rachel Delgado  
510-231-1429 x 25203  
[rdelgado@bacr.org](mailto:rdelgado@bacr.org)

### Kennedy H.S. Health Center

4300 Cutting Blvd., Richmond  
Site Coordinator: Bianca LaChaux  
510-231-1433 x 25818  
[Blachaux@ymcaEastBay.org](mailto:Blachaux@ymcaEastBay.org)

### Pinole Valley H.S. Health Center

2900 Pinole Valley Road, Pinole  
Site Coordinator: Theresa Dade-Boone  
510-758-6991  
[tdade-boone@ymcaeastbay.org](mailto:tdade-boone@ymcaeastbay.org)

### Richmond H.S. Health Center

Community in Schools Building  
1250 23<sup>rd</sup> St., Richmond  
Site Coordinator: Terry Mitchell  
510-672-2201  
[tmitchell@ymcaeastbay.org](mailto:tmitchell@ymcaeastbay.org)

# WCCUSD's School Health Initiative

**The mission of the WCCUSD school-based health centers** is to foster student well-being and strengthen school community through an integrated and coordinated approach that builds equity and promotes academic success.

**The District encompasses** five cities and several unincorporated areas of West Contra Costa County including Hercules, Pinole, San Pablo, Richmond, and El Cerrito as well as Kensington, El Sobrante, and North Richmond.

**With nearly 30,000 students** pre-K through 12<sup>th</sup> grade, WCCUSD serves a diverse population with people of color comprising 86% of the students. Our students bring more than 80 home languages and one in three receives services for English language learners. More than two-thirds of all students are eligible under federal guidelines for free or reduced lunches – an indicator of socioeconomic disadvantage.

**For more information** about WCCUSD's SBHCs please contact:

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Tashaka Merriweather: [tmerriweather@wccusd.net](mailto:tmerriweather@wccusd.net)



## SBHC Lead Agencies

YMCA of the East Bay  
Bay Area Community Resources  
Contra Costa Health Services

## Community Partners

Supervisor John Gioia  
California School-Based Health Alliance  
Kaiser Permanente  
The California Endowment

School-based health centers bring health services to students where they spend the majority of their time – at school. They are built out of community partnerships in order to **reduce** health disparities, and **improve** student health and academic success. Services provided can include medical, dental, mental health, health education, and youth development.

SBHCs rely upon a variety of sources to sustain their services. Insurance reimbursements, partner organization and school district contributions provide some of the needed funds, but **additional community support is critical to the sustainability of these centers.**

WCCUSD's SBHCs are among 243 SBHCs in California. For more information about SBHCs visit [www.schoolhealthcenters.org](http://www.schoolhealthcenters.org)

*"The Health Center is my safe zone to be who I wanna be."*

- **Student**

*"The people at the health center are insightful & caring—they truly care about students & are uplifting."*

- **Counseling Participant**

*"I really do support this - I think it is amazing and offers vital services."*

- **Teacher**